



KHAZEN ATHLETIKARE, LLC
INJURY PREVENTION SYSTEMS

STRENGTH & CONDITIONING PRICE LIST

Private & Small Group Training—paid by each participant

	# Sessions	Home/On-Field	Sweat <i>(includes \$10/ses usage fee)</i>
Private	1	\$50	\$60
	4 <i>(save 5%)</i>	\$190	\$230
	8 <i>(save 10%)</i>	\$360	\$440
	12 <i>(save 15%)</i>	\$510	\$630
	24 <i>(save 20%)</i>	\$960	\$1,200
	36 <i>(save 25%)</i>	\$1,350	\$1,710
Partner	1	\$30	\$40
	4 <i>(save 5%)</i>	\$114	\$154
	8 <i>(save 10%)</i>	\$216	\$296
	12 <i>(save 15%)</i>	\$306	\$426
	24 <i>(save 20%)</i>	\$576	\$816
	36 <i>(save 25%)</i>	\$810	\$1,170
Trio	1	\$25	\$35
	4 <i>(save 5%)</i>	\$95	\$135
	8 <i>(save 10%)</i>	\$180	\$260
	12 <i>(save 15%)</i>	\$255	\$375
	24 <i>(save 20%)</i>	\$480	\$720
	36 <i>(save 25%)</i>	\$675	\$1,035
Quad	1	\$20	\$30
	4 <i>(save 5%)</i>	\$76	\$116
	8 <i>(save 10%)</i>	\$144	\$224
	12 <i>(save 15%)</i>	\$204	\$324
	24 <i>(save 20%)</i>	\$384	\$624
	36 <i>(save 25%)</i>	\$540	\$900

Team/Large Group Training (Home/On-Field only)—paid with one payment by Club/Organization

- \$100/hr for groups with 5-20 participants
- For groups with >20 participants, contact Lori for additional group pricing options
- A \$20/session fee for program design & materials may be required, depending on the program developed